

healthy beginnings

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*Thank You
To Our Dedicated
Staff and Volunteers!
We Couldn't Do It
Without You!*

I AM *wonderfully* MADE



SAVE THE DATE!

Friday, September 24th, 2010

Doors open at 5:30 pm

New Location: Savannah Center in West Chester

WEB www.healthybeginnings.org

EMAIL healthybeginning@aol.com

PHONE 513.559.3412

If you are interested in being a table sponsor for the Annual Banquet, please call us at 513.559.3412, ext.1

1ST QUARTER 2010

healthy beginnings

heartbeat

BECAUSE EVERY WOMAN AND BABY DESERVE TO EXPERIENCE HEALTHY BEGINNINGS

Word from Donna



Mrs. Claus, (aka **Donna Phelps**, CMM, *Healthy Beginnings* President) at our "Stress Free Shopping" fundraiser in December. The little boy is **Cohen**, who was the model for the ultrasound performed live at our banquet 3 years ago!

Healthy Beginnings is embarking on some innovative ways for those who care about this ministry and the lives of those we serve to consider how they can invest and help make sure we are sustainable for the future. Working with us is a gifted young man, **Chris Flores**, who has some positive ways we can use our resources in a mutually beneficial manner. Please read what he has to say below.

all your, soul, strength and mind. And love your neighbor as yourself" (Mark 12:28, 30, 31). The verb love is the fundamental element of this verse and the act of love is to be directed to both God and our neighbors. Additionally, the word philanthropy is secularly defined as "goodwill to fellowmen; especially: active effort to promote human welfare," but applies more to God's greatest commandment than the Merriam-Webster dictionary. Why? The Latin root word "Phil" means love and the Latin root word "anthropos" means human being, showing the literal definition of philanthropy is to love others. To put it simply, the Lord's mission for your life is to be a philanthropist; a lover of others.

Imagine a type of giving that is proactive instead of reactive. Imagine giving done in ways that leveraged the resources you already possess and giving that could maximize your impact on an organization as well as your own spiritual, emotional and financial lives. When we give like the widow gave her

two mites, we can have major financial impact. It doesn't matter what occupation or income you have. What does matter is that you understand philanthropy isn't about equal giving, but is about equal sacrifice and the impact that can be made.

As of 2010, *Healthy Beginnings* is leading a movement to re-shape what philanthropy looks like, creating a paradigm shift of ROI from "Return on Investment" to "Return on Involvement." Join us in an effort to transform stewardship from transactional to transformational, and to provide mutually beneficial giving strategies.

For more information visit our new website at www.healthybeginnings.org or contact Donna Phelps @ 513-559-3412 ext.6. You can also use the enclosed form and return it to *Healthy Beginnings*.

Inspired Philanthropy: Rooted in Love

Every year, givers provide generous gifts of time, talent and treasure. These people answer the call of organizations across the country to support the efforts intended to make a difference in the lives of those they serve. The same givers are the ones who react with generosity when troubled nations call. These givers are you. You and others like you make up the 80% of total non-profit giving in the United States.

At times, giving to the mission of a charity is seen as just giving away money. However, it is not about giving away money; it is much deeper and more spiritual. Giving starts with knowing who you are and why you were created. Jesus' answer to the question "of all the commandments, which is the most important?" holds the secret. Jesus answers by saying, "Love the Lord your God with



A Memorable Day

By Pam West



One of my most memorable abortion consultations happened just this winter. My patient was playing college sports, and up to this moment, sports had been her life. This was her first pregnancy.

She came to her appointment at a pregnancy help center with an acquaintance from the college staff. This person was befriending her in her time of need. Initially, this sounds like an admirable gesture.

The patient admitted to me that this person had told her that “if it were her, she would abort.” She told the young lady she was young and had her whole life ahead of her... a baby would take that all away. I discovered the acquaintance had initially wanted to take her to Cincinnati’s largest abortion provider, but she discovered they were closed that day. They ended up (unknowingly) at a faith-based center. The acquaintance became very irritated in the waiting room. She most likely realized she was NOT in a place where abortion was going to be ANYWHERE on the agenda.

I could tell this young lady was intelligent, but it was also very obvious that she had gotten caught up in so much of what is available to tempt young people today. She admitted to me that she had been messed up so badly in certain life style choices that, out of desperation, she had consented to participate with a friend in a Bible study. She knew that God would not approve of the abortion she was considering. The father of the baby was scheduled to leave the state for a sports related scholarship. Her parents did not live in the state, and from her brief description had serious problems of their own. She had to quit the team (school rules) if she carried. She had to decide quickly. Sweet girl—big mess.

What made this consult stick out was the fact that we also got to talking about how God could love us even when we had messed up badly. She heard from me how I have messed up... how WE ALL have messed up. And that all God really wants from us is to love Him, chose to leave our sinful ways, declare to the world that He is Lord... and that was it. She couldn’t believe it could be so simple. So, I proved it to her. We looked it up. She read it herself. “If we confess with our mouths...”



My patient became a Christian that day. She prayed a simple prayer with me. We both hugged with tear-filled eyes. Praise God that the abortion clinic had been closed – and that instead of her life being over as the acquaintance had suggested, it had truly only just begun!

UPDATE: I have met with my patient for lunch since this day. She confided to me that once she heard the heartbeat... there was no longer an overwhelming desire for her sports career. An aunt and uncle who live locally love her dearly and will be there for her. She is still scared, but she will make it through this, and she knows it.

UPDATE 2: It’s a boy! And, after the birth, the patient will be going out of state to a CHRISTIAN COLLEGE! **Praise God!**



By Elaine Beeler

In September of 2007 we launched our campaign to raise sufficient funds to purchase a complete network of ultrasound machines that would replace the aging and broken equipment we currently had in place at five of our locations. The estimated cost of the project was initially \$240,000. That amount was reduced to \$185,000 after negotiating with General Electric for the purchase of four Voluson e portable 2D ultrasound units and the lease of the Logic P5, the stands, printers, monitors, license and networking capability. Because we have closed one of our offices and consolidated it with the Hollister location, we only need a total of four ultrasound machines, reducing our goal to \$169,000. We made the decision to replace the leased machine as a cost saving measure and because the ultrasound technologists found the Voluson e to be a superior machine.

We are very pleased to report that all of the funds required have been raised and received. Additionally, we were given an upgrade with the last two machines acquired in December, because the original was out of stock. We now have four machines and one of those is a replacement for the previously leased machine.

A special thanks to all those who made this possible, especially our friends at the Knights of Columbus both local councils and national charity.

Cross the Bridge for Life 2010

Meet at the World Peace Bell, 421 Monmouth St., Newport, KY, on **June 6th at 1 pm** & walk across the Purple Bridge to Ohio and back as a prayerful public witness and celebration for the sanctity of human life. www.crossthebridgeforlife.com.

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We’re Available

Various staff and board members of *Healthy Beginnings* are available to speak to your club, small group, Sunday school or other organization on a variety of subjects including but not limited to the following:

-  **The History and Mission of *Healthy Beginnings***
-  **The Medical Impact of *Healthy Beginnings*’ Work on the Health of Mothers and Newborns: Issues of Prematurity and Infant Mortality**
-  **The Socio-Economic Factors Facing Mother’s with Early, Unplanned Pregnancies**
-  **Mental Health and Mental Illness During and Following Pregnancy**
-  **The Effects On Pregnancy and Delivery, for the Survivors of Childhood Sexual Abuse**
-  **Adoption and “Unwanted Pregnancies”**

Please contact us and describe your needs and interests for a speaker.

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Send your donation online. Visit our website at: www.healthybeginnings.org

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